



# NEOCATE® JUNIOR PARENT GUIDE



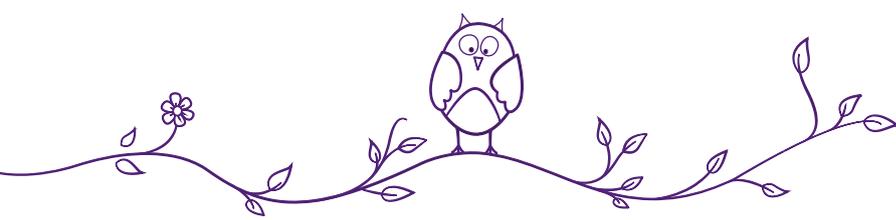
# WELCOME

Welcome to your Neocate® Junior Parent Guide. Inside this booklet, you will find all of the information that you will need to get your child started on **Neocate® Junior**

*Neocate® Junior is a Food for Special Medical Purposes for use under medical supervision.*

# CONTENTS





## WHAT IS NEOCATE® JUNIOR?

Neocate® Junior is an amino acid-based, hypoallergenic formula specifically designed for use in the dietary management of children from 1 year of age with Cow's Milk Allergy (CMA), Multiple Food Protein Allergies (MFPA) or other indications that require an amino acid-based formula.

Neocate® Junior does not contain any food protein, so eliminates the possibility of a reaction in children with allergies. It is manufactured in an allergen-free environment and packaged in a protective atmosphere to provide a high quality product.

Neocate® Junior is easy to digest and can be used to fully meet your child's nutritional requirements or to provide additional nutrients to support a restricted diet.



Neocate® Junior is a Food for Special Medical Purposes for use under medical supervision.





## WHY HAS MY CHILD BEEN PRESCRIBED NEOCATE® JUNIOR?

Neocate® Junior has been prescribed by your Doctor or Dietitian because your child:

- Is 1 year of age or older and
- Requires a hypoallergenic formula because of a diagnosis of Cow's Milk Allergy, Multiple Food Protein Allergies, or another condition where an amino acid-based formula is indicated, such as Food Protein Induced Enterocolitis Syndrome, Eosinophilic Oesophagitis or malabsorption.

## MY CHILD IS ALREADY ON A HYPOALLERGENIC / AMINO ACID-BASED FORMULA - WHY DO WE NEED TO SWITCH TO NEOCATE® JUNIOR?

As children get older their energy, protein, vitamin and mineral requirements change. It is important to ensure that their formula is adapted so that it continues to provide sufficient energy, protein, vitamins and minerals to support normal growth and development.

# PREPARING NEOCATE® JUNIOR UNFLAVORED



1 Wash your hands and clean the preparation area.



2 Use clean equipment to prepare the feed. Always use the scoop provided in the tin.



3 Measure the required amount of warm or cool water into a container. Please note: Neocate® Junior is best served chilled.



4 Add the prescribed number of scoops of Neocate® Junior into the water. The scoop provided holds 8g of Neocate® Junior.



5 Cover and shake or whisk until the powder has been dissolved.



6 Once prepared, refrigerate and consume within 24 hours.



7 Any formula remaining in the container after one hour of feeding should be discarded. If your child is tube fed, Neocate® Junior can hang for a maximum of 4 hours.

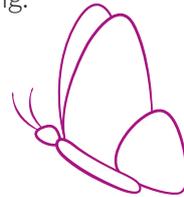


8 Shake or stir the feed immediately before serving.

## Guidance to prepare the standard dilution of 1kcal/ml

Scoops	Water (ml)	Total volume (ml)
4 Scoops	130 	150
5 Scoops	170 	200
7 Scoops	215 	250
8 Scoops	250 	300

Your **health care professional's recommendation** may differ from the standard dilution (1 kcal/ml). Always follow their advice.





## WHAT TO EXPECT WHEN FIRST USING NEOCATE® JUNIOR UNFLAVOURED

- ✓ Neocate® Junior has a great taste but it does taste different to other formulas, including amino acid-based infant formulas such as Neocate® Gold.
- ✓ If needed, there are some tips within this booklet to help gradually transition your child onto Neocate® Junior to help them get used to the new taste.
- ✓ If in the first few weeks after transitioning over you notice that your child starts drinking larger amounts of Neocate® Junior compared to their previous formula, this is a good sign, indicating that your child accepts the new formula.
- ✓ Follow your Doctor or Dietitian's advice on how much Neocate® Junior to feed your child each day.

*Always speak to your child's Doctor or Dietitian if you have any concerns.*





## HELPFUL HINTS AND TIPS

- Introduce Neocate<sup>®</sup> Junior as soon as possible after it has been prescribed.
- If your child is currently taking another formula, you can introduce Neocate<sup>®</sup> Junior gradually alongside the other formula (see section *Gradually transitioning your child from their current formula onto Neocate<sup>®</sup> Junior on page 10*).
- Neocate<sup>®</sup> Junior can be added to certain foods and recipes; however, you should always follow your Doctor or Dietitian's advice before introducing a new food into your child's diet.
- Neocate<sup>®</sup> Junior can be offered in a bottle, cup or as a tube feed.
- Be careful not to boil prepared Neocate<sup>®</sup> Junior as this may affect the vitamin & mineral levels in the formula. Do not use a microwave oven to prepare or warm formula.

Always speak to your child's Doctor or Dietitian if you have any concerns.



## GRADUALLY TRANSITIONING YOUR CHILD FROM THEIR CURRENT FORMULA TO NEOCATE® JUNIOR

While many children will tolerate a direct switch from their current formula to Neocate® Junior, some sensitive children may need to be transitioned more slowly onto Neocate® Junior. This gradual transition can be achieved by mixing Neocate® Junior with your child's usual formula.

Depending on the severity of your child's past or usual symptoms, your Doctor or Dietitian may recommend that you introduce Neocate® Junior even more gradually than is shown here. Always follow your Doctor or Dietitian's advice which is tailored to your child's needs.

All children are different and symptom resolution will depend on the severity of the allergy and the type of symptoms that your child has. During the initial introduction of a hypoallergenic amino acid based feed, such as Neocate® Junior, it is important to persevere, continually offering Neocate® Junior without introducing any other formula or food unless otherwise advised by your Doctor or Dietitian. If you do not see some symptom improvement after 14 days, please consult your Doctor or Dietitian.

An example of a step by step transition onto Neocate® Junior is shown on the next page.



# FADING STEPS

Note: Mixing instructions are different for the previous and the new Neocate® Junior Unflavoured. Always follow the mixing instructions on the can for formula preparation and storage.

STEPS	Previous formulation Neocate® Advance Unflavoured	Fading Mixture	Upgraded formulation Neocate® Junior Unflavoured
			
1	<b>80%</b> Example: 80% of 150ml is 120ml Use _____ ml		<b>20%</b> Example: 20% of 150ml is 30ml Use _____ ml
2	<b>50%</b> Use _____ ml		<b>50%</b> Use _____ ml
3	<b>20%</b> Use _____ ml		<b>80%</b> Use _____ ml
4			<b>100%</b> GOAL ACHIEVED Use _____ ml

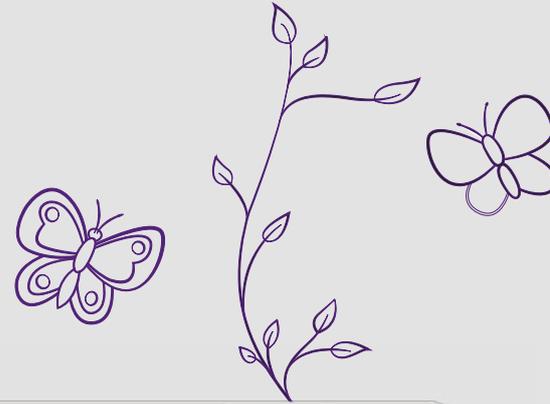


## TRANSITION TIP

Research shows that it may take up to 20 exposures before adopting a new food. Keep trying and use these steps to help with your transitioning efforts.

*For guidance only. Always follow the advice of your child's Doctor or Dietitian.*

# Supporting you and your child at every step of the allergy journey



**Dedicated Helpline**  
1800 060 051 (Australia)  
0800 636 228 (New Zealand)

**NEW**



## Neocate® Village App

Download the Neocate® Village App from the App Store for tools, tips, recipes and articles to help you manage your child's allergy

## [neocatevillage.com.au](http://neocatevillage.com.au)

A support website full of advice, recipes, tips, resources and FAQs for parents of children who have been prescribed Neocate



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